

GRIEF SHARE®

Each week the group will watch a video seminar on DVD. The GriefShare videos cover topics essential to your recovery from the hurt of grief and loss. Each session features helpful, comforting videos and encouraging group discussion. Participants can start at any time. Each week's topic stands alone.

WEEK	DATE	TOPIC
#1	9/7	Is This Normal?
#2	9/14	Challenges of Grief
#3	9/21	The Journey of Grief, Part 1
#4	9/28	The Journey of Grief, Part 2
#5	10/5	Grief and Your Relationships
#6	10/12	Why?
#7	10/19	Guilt and Anger
#8	10/26	Complicating Factors
#9	11/2	Stuck
#10	11/9	Lessons of Grief, Part 1
#11	11/16	Surviving the Holidays
#12	11/30	Lessons of Grief, Part 2
#13	12/7	Heaven
#14	12/14	What do I Live for Now?

St. Gabriel Parish

900 Geiger St., Neenah
Parish Conference Room
(use parish office entrance)

Contact:

brownmaryellen47@yahoo.com

Or call 722-4914

Session starts:

September 7, 2017

Runs through:

December 14, 2017

6:00 pm - 8:00 pm

***You can start the group
at any time on the
Thursdays listed.***